



RETURN TO PLAY PLAN

Centre Competition

Introduction

Centre Committees, volunteers, athletes, parents and spectators all have a role to play in ensuring that Little Athletics activities can be resumed in a safe, controlled and successful manner in a COVID-19 environment.

Little Athletics Tasmania have developed the following guidelines to provide minimum standards for how Little Athletics competition should resume in a cautious and methodical manner. These guidelines are based on the best available evidence and advice to optimise participant and community safety and should be used in conjunction with the directives and guidelines of the Tasmanian government.

These guidelines are applicable as at 25 September 2020 and, given the nature of COVID-19, they will be reviewed and re-issued at least monthly as well as when required by Government directives. The amendment list is detailed at the end of this document.

The priority must always be preservation of public health and minimisation of the risk of community transmission. All Little Athletics participants, parents/guardians, coaches, officials, volunteers, administrators, and spectators must play a role in helping to stop the spread of COVID-19.

About COVID-19

The most effective measures to prevent the spread of coronavirus are good hygiene practices, additional sanitisation regimes and physical distancing.

COVID-19 is spread from person to person through close contact and droplets including:

- Direct contact with an infected person;
- Contact with droplets from an infected person's cough or sneeze; and
- Touching contaminated objects or surfaces (like doorknobs or tables), and then touching your mouth or face.

As COVID-19 is spread person-to-person through coughing, sneezing, touching contaminated surfaces, and close contact with infected individuals, there is a need for businesses to remain vigilant with cleaning and sanitising regimes and take extra care with maintaining and promoting safe food and hygiene practices throughout business operations.

The most effective measures are good hygiene practices, additional sanitisation regimes, social distancing and keeping away from others if unwell.

Physical Distancing

Physical distancing (also known as social distancing) is one of the most effective methods of reducing the spread of viruses. The more space between you and others the harder it is for the virus to spread. If a person attending the Centre is found to be positive for COVID-19, the risk of transmission to the rest of the workforce is minimised if the workplace has been practising physical distancing. Good practice physical distancing principles are to:

- Maintain 1.5 metre separation between people who are not from the same household or groups of other people; and
- Maintain a minimum of 2sqm per patron.

Maximum Occupancy

Maximum occupancy provisions, in effect at the time of competition, are to be observed. As at 25th September 2020, occupancy limits were set at Stage 3.

Stage Three parameters for competitions, organised events, and training are:

- Up to 1000 people, in an outdoors environment, suitably managed with a COVID Safety Plan.
- Up to 250 people, in an indoors environment (single individual space) suitably managed with a COVID Safety Plan.

To assist with compliance, Centres need to ensure:

- Venues utilised are capable of holding the number of athletes registered plus family members whilst allowing for 2 square metres per person and the 1.5 metre social distancing rule.

Education

Centre management must provide participants with copies of the Little Athletics Tasmania's COVID-19 Management Plan prior to resumption of competition.

Notices must be posted at the entrance to all venues advising that anyone feeling unwell may not enter.

Hygiene and health management posters are to be posted and maintained throughout competition venues to inform and remind those attending of expected behaviour.

Centre management committees must ensure the Little Athletics Tasmania's COVID-19 Management Plan is available and in a prominent place at the Centre.

Little Athletics Centre Competition

Specific competition guidelines are as follows:

1. Encourage all spectators and participants to download the Australian Government COVIDSafe app to assist with contact tracing.
2. Appoint a dedicated COVID Compliance Officer, for each meet, whose responsibility is to ensure compliance measures are being met. Centres with an attendance, each meet, exceeding 200 athletes are to engage two COVID Compliance Officers. COVID Compliance Officers are required to wear a unique hi-visibility vest so they are easily identified.
3. Ensure all Centre administrators, officials and volunteers interacting with participants have access to alcohol-based sanitisers and instructions on how to keep safe.
4. Competition set up/pack up is undertaken using a roster system to reduce the number of families arriving at the venue early and staying behind post competition.
5. Implement plans for the arrival and departure of all participants (entry/exit patterns) and provide alcohol-based hand sanitiser for all upon entry.
6. Provide for an attendance register for all parents/guardians to complete prior to entering the venue.
7. Provide visitor registration for all visiting athletes and their parents/guardians to complete prior to entering the venue and ensuring that numbers are maintained within parameters.
8. Encourage participants and spectators adherence to hygiene and health conditions contained in the plan.
9. Implement sanitising stations at the following minimum locations:
 - Entry to the venue
 - Administration building
 - Canteen
 - Entry to the track
 - Each field event site
10. Implement hand hygiene protocols during competition which, at a minimum, involves using sanitiser before and after each trial.
11. Implement shared implement sanitisation measures prior to competition commencement and in between each event.
12. Allow sufficient time between events to allow time to sanitise shared implements
13. Ensure that any participant or spectator who experienced COVID symptoms during the past 14 days prior or who has been in close contact with someone who has or is suspected to have

COVID-19 does not attend any Centre/Club training session or competition and does not attend any Centre/Club until they have been assessed by a doctor and given medical clearance.

14. Implement sites pack up by the chief official and site volunteers upon the completion of the final event to minimise the number of families required to stay back at the completion of competition to pack up.
15. Encourage canteens to operate cash-free where possible.
16. Implement a plan for communal spaces where higher risk of contamination may occur. It is recommended that changerooms, administration areas, canteens, water fountains and general seating areas are closed or roped off to the general public in accordance with relevant restrictions.
17. Ensure the venue used maintains a cleaning log and regular cleaning schedule of bathrooms and communal areas. Discuss with venue hirer and, where possible, implement additional cleaning measures for bathrooms and communal areas that need to be used.

Management of a suspected COVID-19 case or confirmed COVID-19 case

In circumstances where there is a suspected case, all participants must follow Public Health Authority/State Government processes upon confirmation of a positive COVID-19 case. The LATas office must be notified and will assist with managing responses. Centre officials are required to assist the Department of Health in contact-tracing as well as potentially shutting/reducing access to competition if there has been a positive case in the area.

Managing a return to training or competition of a confirmed COVID-19 case

It is critical that the confirmed case does not return to competition or training until he/she no longer poses any infection risk to the community. He/she must be suitably recovered and received a clearance from their Doctor/local Public Health Authority. This clearance is to be retained by Centre officials.

Amendment List

Amendment Detail	Version Number	Authorised by	Date of Issue
Initial draft created and circulated to Sport and Recreation for feedback	1	Tracy Canham	3 August 2020
Draft amended post Sport and Recreation and Director feedback and issued to Centres	2	Tracy Canham	28 August 2020
Plan amended to increase maximum occupancy from 500 to 1000 – approved	3	Tracy Canham	25 September 2020